



# Learn to pray and heal

by **Nate Frederick, C.S.**  
member of the Christian Science  
Board of Lectureship

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**Saturday, March 18**  
**2:00 pm**

**Come explore the how-to of spiritual healing. Learn to have more faith in Life, understand God as Love itself, and express Love in a way that heals.**

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Located in the North Bellevue Community Center  
4063 148th Ave NE Bellevue, WA  
Ample parking --- Child care provided

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*For more information, contact the Christian Science churches of Bellevue:*

**First Church**  
425-454-7654  
[www.csbellevue.org](http://www.csbellevue.org)

**Second Church**  
425-643-3353  
[www.christiansciencebellevue.org](http://www.christiansciencebellevue.org)